



Herbal Product Standardization: Ensuring Safety and Efficacy for Biopharmaceutical Use in Asia and Australasia

Md Shahadat Hossan ^{1*}, Md Shamsuddin Sultan Khan ^{2*}

Abstract

Herbal products, especially those from Asia and Australasia, have drawn much attention recently because of their potential for use in biopharmaceutical applications. Meanwhile, the extensive use of herbal items in the pharmaceutical sector raises questions about their effectiveness, safety, and quality. This abstract covers the critical requirement for herbal product standardization to build reliable quality control procedures and guarantee the safety and effectiveness of these goods when used in biopharmaceuticals. In many Asian and Australasian cultures, herbal products have a long history of traditional use. They are famous for their medicinal benefits and capacity to yield new bioactive chemicals. As a result, incorporating these natural treatments into contemporary medicine is gaining popularity. Standardization is crucial due to their inherent diversity caused by climate, soil types, and agriculture techniques. The importance of creating thorough standards for herbal goods that cover botanical identification, authentication, quality control, and regulatory compliance is highlighted in this abstract. Such guidelines are essential for guaranteeing the consistency of product efficacy and quality. They also

serve as a foundation for evaluating safety, particularly when herbal medications are used with conventional pharmaceuticals. Collaboration between stakeholders, such as bearers of traditional knowledge, scientists, regulatory bodies, and business leaders, is necessary to form these standards. Furthermore, modern analytical methods like DNA barcoding, spectroscopy, and chromatography are extremely important in confirming the authenticity and caliber of herbal products. The herbal product business can provide pharmaceutical companies with a dependable and repeatable source of bioactive chemicals by putting strict quality control systems in place. This abstract emphasizes the significance of standardizing herbal products through research and development to maximize their potential for biopharmaceutical applications. To sum up, the Standardization of herbal products is crucial for maximizing the potential of botanical resources from Asia and Australia for biopharmaceutical use. It addresses quality, efficacy, and safety issues, ultimately making it easier to incorporate these natural therapies into contemporary medicine.

Keywords: Herbal products, Standardization, Quality control, Asia, Australasia

Significance | Herbal products from Asia and Australasia hold biopharmaceutical potential, but standardization ensures safety, efficacy, and quality for integration into modern medicine.

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Editor Md Shamsuddin Sultan Khan, And accepted by the Editorial Board Apr 07, 2021 (received for review Feb 18, 2021)

1. Introduction

Herbal medicine is the oldest kind of treatment known to humans, and it has been practiced for millennia across all cultures (Barnes et al., 2007). Early ancestors understood their reliance on nature for a

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Please cite this article:

Md Shahadat Hossan, Md Shamsuddin Sultan Khan, (2021). Herbal Product Standardization: Ensuring Safety and Efficacy for Biopharmaceutical Use in Asia and Australasia, Australian Herbal Insight, 4(1), 1-12, 21066

2207-8843/©2021 AUSTRALIAN-HERBAL, a publication of Eman Research, USA..
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healthy existence, and humanity has relied on the a variety of plant resources for clothing, food, shelter, and medicament to treat a wide range of illnesses. With a history spanning millennia, the use of herbal items for therapeutic purposes is firmly ingrained in the customs and cultures of Asia and Australasia. The understanding of plant-based medicines eventually spread and was passed on, serving as the basis for numerous traditional medical systems. Some communities' herbal medicine their medical system still places a strong emphasis on medicine. Throughout the world, there are several medicinal plants, but are particularly plentiful in tropical nations (Hansel et al,1997).

The term "herbal drugs" refers to plants or plant components that have been processed through straightforward procedures including harvesting, drying, etc [Hansel et al,1997]. Storage Herbs include undeveloped plant matter, including stems, wood, bark, roots, fruits, flowers, seeds, and other plant parts rhizomes or other plant components, whether whole or in part powdered or broken up. herbal products come in along with herbs, fresh juices, gums, fixed oils, and essential oils, resins, and dried herbal powders. These materials may be processed locally in some countries using techniques like steaming, roasting, or stir-frying with honey, alcoholic drinks, or other substances. More than 80% of the world's population, according to the World Health Organization (WHO), relies on traditional and herbal medicine for primary healthcare (WHO, 2013). In Asia and Australasia, where various ecosystems have given rise to a wide variety of plant species known for their medicinal virtues, many of these customs and treatments first appeared. Traditional medical systems including Traditional Chinese Medicine (TCM), Ayurveda, and Indigenous healing techniques all originated in these areas. These systems have traditionally used the healing potential of plants to treat a variety of conditions, from minor illnesses to chronic conditions.

Herbal Medicine Quality Control and Standardization according to WHO (1996) states that standardization and quality control of herbal products is the procedure used in the physicochemical assessment of characteristics of crude drugs, including selection and crude material handling, safety, effectiveness, and stability evaluation of the final product, safety records based on past performance, with the provision one of the items consumer education and product marketing (Welsh et al,1991). Due to its natural and complementary approach to traditional medications, herbal products have been increasingly popular in recent decades, sparking a rise in interest in herbal medicine on a global scale. But there are a number of difficulties associated with this expanding interest. Standardizing herbal goods is a challenging and urgent topic because of the enormous botanical diversity throughout Asia and Australasia, which is evidence of these regions' ecological richness.

The challenges with Standardization are caused by several important variables. The numerous plant species found in these areas are referred to as their botanical diversity, which makes the standardization process more difficult (Pieroni, 2008). Different processing procedures include the various processes employed in both traditional and contemporary production, which results in inconsistent product quality (Jaiswal, Rai, & Kumar, 2016). Furthermore, a major obstacle is the absence of uniform regulatory frameworks throughout the various Asian and Australian nations (Hussain & Ganie, 2017). To ensure the quality, safety, and efficacy of herbal products, Standardization in this context refers to the creation of standardized standards, techniques, and requirements (Pandey, 2006). To ensure that herbal products fulfill the required requirements and are free of contaminants or adulterants, quality control techniques comprise stringent testing and validation procedures (Singh et al., 2019). This article explores the value of herbal medicine in Asia and Australia, the difficulties of standardizing herbal products, and the critical steps needed to create standards and quality control procedures. Along with the development of public awareness and education, it will also examine the requirement of collaboration among governments, industrial players, and research institutions (Chen et al., 2017). In the end, this essay promotes the seamless integration of conventional herbal therapies with contemporary healthcare systems, which will benefit patients as well as the healthcare sector as a whole.

2. Needs of Standardization

In the past, vaidyas would treat each patient uniquely and create remedies tailored to meet their requirements. The assessment of its Rishis, Vaidyas, and Hakims indicates that virtually every traditional medical system has taken quality control into account. As opposed to when traditional healers created and assessed the efficacy of herbal treatments in the past, the economic problems of today are those involving industrial manufacture, shelf life, and long-distance distribution. Due to these, developing current, impartial standards for evaluating the effectiveness. These have necessitated the development of modern, objective standards for evaluating the efficacy, quality, and safety of these drugs. Additionally, the severity and detrimental repercussions are coming to light more and more frequently. study, production, and to ensure the quality and safety of products, regulatory entities must follow strict scientific standards. To gain the trust of the public, traditional herbal remedies must be consistent from lot to lot and incorporate them into the current health care system's main stream (Figure .1). An overview of herbal product quality control and standards is given below:

1. When traditional medicines were first developed, standardization ideals and technology were becoming created.
2. Due to a dynamic,

the nature of plant material may have changed over the past 1,000 years evolution process. 3. Commercialization has made it more difficult to find real raw resources. 4. It's possible that time and environmental factors have altered the qualities of botanicals. The person seasonal variation (which influences when plants should be collected), ecotypic, genotypic, and Xenobiotics' presence, drying and storage conditions, and chemotypic variances are some examples of the key elements that can significantly alter the raw herbal substance.

In the global perspective, there is a shift towards the use of medicine of herbal origin, as the dangers and the shortcoming of modern medicine are getting more apparent. It is the cardinal responsibility of the regulatory authorities to ensure that consumers get the medication, which guarantees purity, safety, potency and efficacy. Aim & Objectives: To describe the importance, concept, processes and the parameters required for the Standardization of herbal drugs (Warude et al,2004)

3. Good Agricultural and Collection Practices (GACP)

With the ultimate objective of ensuring herbal medications, herbal processing includes the distinctive processes of preparing herbal materials and herbal preparations. It may also be extended to the manufacture of completed herbal goods quality. Consequently, in the context of herbal products quality assurance and control the WHO's recommendations for good farming and collecting methods, and medications (GACP) for medicinal plants (GACP ,2003) cover the development and gathering of plants, along with some post-harvest activities where the idea of the term "post-harvest processing" is defined. The ethical methods for treating herbs. The GHPP described in the present recommendations is meant to supplement, and should be combined with the GACP recommendations. The latter's processing methods for the manufacture and production of herbal medicines enhance the former's post-harvest processing procedures (which are covered by the former). These recommendations will give technical advice regarding GHPP in the 1) processing of herbs into herbal materials 2) Processing of herbal materials into herbal preparations and 3) Processing of herbal materials or herbal preparations into herbal dosage forms.

4. Processing of herbs into herbal materials

The GACP's definition of post-harvest processing includes all immediate treatments given to herbs obtained from cultivation or field collection in order to rid them of pollutants, unintended or unintended plant material, and foreign matter. The "inspection" and "sorting" processes, along with the "primary processing" steps of washing, disinfecting, primary cutting, cooling, freezing, and drying, are all essential to the preparation of herbal materials. These GHPP recommendations go into great detail about these

procedures. In addition, a number of other "primary processing" techniques are used on herbs, either separately or in combination. These involve a specific set of steps meant to change their toxicity or their therapeutic action. These processes consist of initial distillation, ageing, sweating (fermentation), advanced cutting and comminution (fragmentation), baking and roasting, boiling and steaming, and stir-frying. In the current GHPP guidelines, technical details on these main processing techniques that are used during the post-harvest processing phase are also covered. Guidance on compliance measures can be found in the annex to the Quality control methods for herbal materials (WHO,2001), WHO guidelines for selecting marker substances of herbal origin for quality control of herbal medicines (WHO,2017), WHO guidelines on GACP for medicinal plants (GACP,2003), WHO guidelines on GMP for herbal medicines (GMP,2006), and the present guidelines.

5. Processing of herbal materials into herbal preparations

The aforementioned herbal ingredients can be utilized to make herbal medications. Such (processed) herbal products should be manufactured under GACP and GMP guidelines if they are intended for direct medicinal use. Numerous other times, herbal resources will go through additional "processing" steps before being used to create herbal products. The remaining parts of the botanical materials are often treated along with the active compounds.

By removing unwanted or inactive elements, these active compounds can occasionally be concentrated even more. The results of this process include extracts, decoctions, tinctures, essential oils, and other herbal medicines. Extraction, distillation, fractionation, concentration, fermentation, or other chemical or biological processes are among the processes involved. The GMP requirements outlined by WHO guidelines (GMP,2006) should be adhered to in order to produce completed herbal dosage forms and/or herbal medicines that adhere to general guidelines for good practices. The current edition adds technical details on the essential processes.

6. Processing of herbal materials or herbal preparations into herbal dosage forms

Herbal materials could be used as beginning materials and herbal preparations as intermediate steps in the production of completed herbal products, or as herbal dosage forms for a variety of uses for therapy. In the latter, straightforward herbal dosage forms be produced either from herbal ingredients (such raw seeds or plant material herbal remedies (such as powdered herbs and dried extracts) ready to be given to patients. Decoctions, tea bags, granules, syrups, ointments or creams, inhalations, patches, capsules, tablets, and pills are just a few examples of the herbal dosage forms that are created under GMP guidelines. These contain further technical information on the major procedures standard.

7. Documentation

It is important to record all processing steps that could impact the quality and security of herbal ingredients. There is advice for effective documentation in Pharmaceutical product manufacturing best practices: principals (WHO,2008), in addition to WHO recommendations for efficient farming and collection methods for Plants that are medicinal. Consequently, it's critical to set up a record-keeping system so ensuring that all records are current, kept up to date, and traceable throughout the entire workflow each batch of botanical materials, processes. The following details, among others, ought to be included in written processing records:1)the botanical name of the herbal substance (binomial: genus, species, with the authority (abbreviations should be used as appropriate) Internationally recognized standards)) and the name of the plant family are essential to medicine are plants. Whenever needed by national law, equivalent terms and relevant subspecies, varieties, cultivars, ecotypes, or Chemotype should be recorded, and if possible, both the local and English languages. Additionally, common names must to be noted2) the plant part(s) of the curative herb or plant 3) vegetative development stage, such as the blooming and fruiting stages, vegetative development 4) site/geographical location, time, and if available, 5)GPS data of gathering/harvesting general procedures that the plant material has already experienced, such as drying, washing, and cutting, specifying drying temperatures and times as well as size of herbal material 6) The plant material's gross weight both before and after processing 7)Unique processing technique 8) The specifics of the steps (the master formula), such as descriptions the maker, processes taken, and details about the tools and equipment utilized the adjuvant's specification, quantity, and quality grade (for nstance, wine or vinegar) and/or other substances (for Sand and bran usage, temperature regulation, processing duration, Steps that come after a procedure (such cooling, drying, or cutting), and other appropriate information 8) Information on any animal-derived substances or adjuvants utilized, along with their If applicable, microbiological certificates 9) Batch manufacture – specific adjustments or departures from the master recip

8. Good Manufacturing Practices (GMP)

GMP guidelines are essential for the pharmaceutical industry to ensure the quality and safety of herbal products during their manufacturing. Compliance with GMP standards is a critical factor in producing consistent and safe products (4). Good Manufacturing Practices “is that part of quality assurance which ensures that products are consistent and controlled to the quality standards appropriate to their intended use and as marketing authorization” (WHO in 2004).

The minimum requirements for authorization are represented by GMP guidelines. If GMPs are not followed, drugs are regarded as

contaminated. GMP standard, however, allows for the condition that similar assurance is reached solely by guidelines and alternative processes and control systems.Strong recommendations are typically included in GMP guidelines for quality management facilities, equipment, records, production, packaging, identification labeling, storage, and distribution. Laborato validation, complaints and recalls, and contract manufacturers are also strongly advised.

The US FDA initially published GMP criteria for producing, processing, packing, or holding pharmaceuticals in 1963 (Immel 2000). At the request of the Twen Health Assembly, a group of consultants created a version of GMPs that was four years late (WHO 2004). Following that, the WHO recommendations underwent numerous revisions and extensions, and many nations created their own GMP guidelines 1) Pharmaceutical regulators are the main users of WHO GMP guidelines countries, which are less stringent than GMP requirements in Europe or the US; ICH-GMPS, the International Conference on Harmonization 2) EU-GMPS 3) the FDA-GMPS 4) GMP requirements in other nations, including Australia, Canada, Japan, and Singapore 5)ISO, or the International Organization for Standards PICS, or the Pharmaceutical Inspection Cooperation Scheme, and common industry procedures, license reviews.

At the EU level, GMP standards were harmonized in 1991 (MHRA 2007). Japan participated in the first International Conference on Harmonization, an EU-wide initiative, and brought GMPs for Active Pharmaceutical Ingredients, which are applicable in signatory nations such the US, Australia, Canada, Singapore, and Japan.Individual states are responsible for enforcing GMPs; in the US, that duty falls to the FDA; in the EU, it is the National Regulatory Agencies (such as the MHRA in the UK); in Australia, it is the Therapeutic Goods Administration; and in India, it is the Ministry of Health. .

9. Quality Testing

Quality testing is a critical component of herbal product standardization. This involves the analysis of various parameters, including the concentration of active constituents, the presence of contaminants (such as pesticides or heavy metals), and microbiological safety. Testing ensures that the product is free from harmful substances and meets the specified criteria for effectiveness (Pharmacopoeia of the People's Republic of China, 2020).

Heavy metals: Toxic metal contamination can be unintentional or deliberate. contamination of herbal remedies with heavy metals like arsenic, cadmium, copper, and mercury treatments have a variety of possible root causes, such as environmental harm and present clinically significant risks to the user's health, hence they should be avoided. (AOAC, 2005; WHO, 1998c; De Smet, 1992) be restricted. Based on the amount of the hazardous metal present in the product and the suggested or projected dosage of the substance, the possible

ingestion of the toxic metal product. Then, this potential exposure might be added to a via comparison with the so-called Provisional Tolerable Weekly Intake values (PTWI), from a toxicological standpoint for hazardous metals, which the government has set World Health Organization's Food and Agriculture Organization FAO-WHO Organization (De Smet, 1999; WHO, 1981, 1979). A quick and easy way to determine how hefty Metals are listed in numerous pharmacopoeias and are based on color changes caused by unique reagents such Diethyldithiocarbamate or thioacetamide, and the quantity by comparing it to a standard, the current is estimated. (WHO, 1988a)

Pesticide: The Food and Agriculture Organization (FAO) and WHO have set limitations for the amount of pesticides that are often found in herbs. The herbs are combined with these insecticides while the period for planting. insecticides mostly such as DDT, BHC, Aldrin and toxaphene have negative impacts on humans. if the unprocessed medicines are combined with these substances.¹⁰ DDT (dichlorodiphenyltrichloroethane) or other chlorinated pesticides may contaminate herbal ingredients, especially those grown as cultivated crops, carbamates, organophosphates, hydrocarbons, or Phosphorous-containing biphenyls. Limit testing is required for permissible amounts of herbal products' pesticide contamination ingredients. Included in the European Pharmacopoeia information on test procedures and required limits for 34 possible residues of pesticides (Barnes et al., 2007). Samples of herbal material are extracted by a standard procedure, impurities are removed by partition and/or adsorption, and individual pesticides are measured by GC, MS, or GC-MS. Some simple procedures have been published by the WHO and the European Pharmacopoeia has laid down general limits for pesticide residues in medicine (WHO, 1996a, 1998a, 2000; De Smet, 1999; AOAC, 2005)

Microbial contamination: Typically, germs and mold found in medicinal plants come from the soil and the environment. It is evident from analysis of the E. coli and mold limitations that practices for production and harvesting. The known drug since consuming aflatoxins can have major adverse effects alongside the illicit drugs. Aflatoxin removal must be complete either removed or not be there.¹¹ Incorrect growing, harvesting, storage, or processing can lead to an increase in the aerobic bacteria and fungus that are naturally present in plant material. Herbs, particularly ones with a lot of starch content, which could be more susceptible to microbial growth. Pathogenic microbes, such as Enterobacter, Shigella, Enterococcus, Clostridium, Pseudomonas, and Herbal products have been demonstrated to be contaminated by streptococcus Ingredients. Limits must be specified for microbiological exposure the European Pharmacopoeia is currently contaminated Provides optional advice on appropriate boundaries (Barnes et al,2007)

10. Regulatory Oversight

To guarantee that herbal products meet set criteria and that customers are safeguarded, regulatory control is essential. To monitor the safety and efficacy of products on the market, regulatory bodies like the European Medicines Agency set recommendations that include labeling requirements, safety evaluations, and post-market surveillance (European Medicines Agency, 2015). The following factors are mostly responsible for the harmful effects of herbal preparations: Plant components' inherent toxicity, as well as manufacturing processes corruption and malpractice. assessment of the poisonous impacts of plant ingredients in herbal preparations demand thorough pharmacological and phytochemical research.¹⁵ Because the analysis alone is unlikely to identify the contributions to toxicity itself, toxicity investigation will also be necessary. When determining a herbal medicine's toxicity, the dose you choose is crucial. Toxicity evaluation involves at least one of the following methods: approaches, including those used in vitro, cell lines, microarrays, and other contemporary methods Standardization methods for accurately simulating toxicity. Although herbal medicines are fundamentally distinct from traditional pharmaceutical therapies, there is now just one method available to determine how effective they are currently employed standard clinical trial procedures, in Which effectiveness is typically evaluated by clinical, the results from tests or diagnostics.¹⁶ Standard qualities of a prepared medicine should exist. There should include a description of the production process and formula, together with the number of recipients detail.²¹ There should be a specification for the final product to guarantee a consistent level of product quality. the completed product must adhere to industry standards for specific dose formulations. The procedures involve a variety of scientific research, including physical, chemical, and biological evaluation with different analytical techniques tools and techniques. The precise objectives of this investigation there are numerous methods for ensuring the quality of herbal products working. ²².

As crucial as the finished herbal product is the quality of the consumer information about the product. Having a label with information or a warning minimizes the risk of improper applications and negative outcomes. the first product is the source of knowledge on herbal remedies label. Label's contents and its rules must adhere to be followed in accordance with Rule 7 of the 1945 Drug & Cosmetic Act. The details such as "drug name, manufacturer, batch number, any unique subcategory of prescribed medications, and utilized, the date of any expiration, and confirmation that the product has been produced in accordance with the Pharmacopoeia standards," a list of the constituents' concentrations, guidelines include dosage and frequency of servings

the label must include the dosage of the drug.²³ There isn't currently a group or government agency that certifies supplements or herbs as having accurate labels. It's been discovered that herbal medicine labeling are frequently unreliable expose the contents of the container. research on herbal remedies demonstrate that consumers only have a 50% chance of success. likelihood of receiving what is promised on the label, and studies of herbal supplements have been published and found substantial variations from what is indicated on the label and the contents of the bottle. "Standardized" appears on a product labeling may not always imply better product quality since the term has no official definition "standardized". "Consumers are frequently left to handle their own choose what is appropriate for them and safe and ineffective a source of information on herbal goods is consistent labeling consumer annoyance. specific details like "the Product has been produced in accordance with pharmaceutical guidelines," a list of the substances, and quantities, as well as instructions like serving size the drug's (dosage) and dosage frequency must be in the tag. In conclusion, the establishment of standards and quality control measures is imperative to ensure that herbal products are safe and efficacious for biopharmaceutical use. Through accurate identification, good agricultural and manufacturing practices, rigorous quality testing, and regulatory oversight, the herbal product industry can provide consumers with products of consistent quality and safety. These measures are essential for both traditional herbal medicine and modern healthcare systems.

11. Collaboration and the biopharmaceutical R&D process

Collaboration among stakeholders is a fundamental driver for progress in various fields, particularly in the realm of research and development (R&D). This session give review explores the significance of collaboration and how it fosters innovation, accelerates knowledge dissemination, and ultimately promotes research and development. It delves into the multidisciplinary aspects of collaborative efforts in the context of diverse stakeholder groups.

Importance of Collaboration among Stakeholders: Research and development must be advanced through collaboration among stakeholders. Stakeholders include, among others, researchers, business associates, governmental bodies, and nonprofit associations. Bresnen et al. (2003) pointed out that building trust and a shared vision among various stakeholders is essential for successful collaboration. Synergy that stimulates innovation and encourages creativity is frequently produced through the blending of various viewpoints, skills, and resources (Chesbrough, 2003). Collaboration amongst stakeholders is essential for the advancement of herbal research in the setting of the herbal sector in Australia and Asia. Governmental organizations, academic institutions, herbalists, and specialists in traditional medicine are

examples of stakeholders (Figure 2). For research activities to be coordinated and provide significant results, it is crucial to build trust and a shared goal across these varied groups. In order to bridge the gap between conventional herbal knowledge and contemporary scientific research, this trust is crucial (WHO, 2002).

12. Collaboration and the biopharmaceutical

Collaboration networks frequently give stakeholders a way to combine their resources and knowledge. The capabilities of individual companies are enhanced by these networks, according to Carayannis and Campbell (2009). Collaboration makes it easier for the herbal business to share its resources and knowledge. Collaboration between researchers, traditional healers, and pharmaceutical firms can result in the development of efficient herbal medicines in Australia and Asia, where traditional herbal medicine is strongly ingrained in the culture. Such collaborations could enable the development of novel herbal products by utilizing the abundance of traditional knowledge and fusing it with cutting-edge scientific research (Ekor, 2014). Participants in such networks can take on challenging problems and take on more ambitious research and development projects by pooling expertise, risk, and complementary assets. The idea of open innovation is dependent on collaboration. In order to foster an atmosphere where open innovation can flourish, where enterprises collaborate with outside stakeholders to transcend conventional boundaries, Bercovitz and Feldman (2006) place a strong emphasis on the importance of collaboration.

Due to the easier access to a wider range of resources and ideas, this collaborative method has proven effective in enhancing the scope and scale of research and development initiatives. For the purpose of maintaining indigenous herbal knowledge, cooperation in the herbal industry is also essential. There are indigenous people with a profound grasp of the therapeutic benefits of local plants in various regions of Asia and Australia. Collaboration with these groups honors their cultural history and offers chances to research and analyze the usefulness of these herbs in a scientific setting. According to Cuerrier et al. (2015), this may result in the sustainable use of herbal resources.

12.1 Promoting Research and Development: One of the best examples of how cooperation advances research and development is the pharmaceutical sector. Collaborations between pharmaceutical firms, academic institutions, and government agencies, according to Chesbrough (2003), have sped up the drug development process and hastened the release of novel medicines. This has resulted in significant medical improvements as well as time and resource savings. Open-source software development is an example of how collaboration encourages innovation in the world of technology. Collaboration in the herbal industry in Australia and Asia can expedite phytochemical research and drug development.

By bringing together researchers from diverse backgrounds, such as botanists, chemists, and pharmacologists, collaborative efforts can lead to the identification of bioactive compounds in herbal remedies. This is especially important as these regions are rich in plant biodiversity (Sasidharan et al., 2011).

According to Raymond (1999), the development of reliable and extensively used software products like the Linux operating system has been made possible by a cooperative community of developers throughout the globe who have all donated their time and knowledge. Collaboration can be very important for the sustained cultivation and harvesting of herbal plants. Collaborative efforts can concentrate on cultivating these plants in a sustainable way in Australia and Asia, where many herbs are derived from the wild. The natural habitat is preserved while a steady supply of herbal compounds is maintained for research and commercial development (Dai et al., 2017). Silicon Valley is one region that serves as an illustration of how teamwork improves research and development. Saxenian (1994) noted that these areas prosper as a result of the concentration of various stakeholders in close proximity, which promotes the quick flow of ideas and expertise. This encourages creativity, propels economic expansion, and supports the notion that cooperation is a key factor in the success of R&D.

In summary, collaboration among stakeholders in the herbal industry in Australia and Asia is vital for the preservation of indigenous knowledge, the development of effective herbal remedies, and the promotion of research and development in the field of herbal medicine. This collaborative approach bridges traditional wisdom with modern science, ultimately benefiting public health and sustainable use of herbal resources.

13. Challenges Associated with Standardization

Herbal medications are released into the market without being subject to any required safety or toxicological testing regarding their effects. Many of these nations also lack efficient apparatus to control production procedures and herbal medicine quality requirements. The regulatory status, evaluation of safety and efficacy, quality control, safety monitoring, and limited or poor awareness regarding traditional, complementary/alternative medicine are challenges that are frequently encountered and shared by many countries. [DSHEA, 2011]

14. Challenges Associated to The Regulatory Status Of Herbal Medicines

A dietary supplement is defined as a product that is consumed, is meant to complement the diet, and contains a "dietary ingredient." These goods' nutritional components could incorporate various vitamins, minerals, herbs, and/or botanicals necessary for the body. [Ouedraogo et al, 2013] The DSHEA prohibits any further toxicity studies usually are not necessary if the plant has been used

for a before 1994, the market. [WHO, 2004] FDA bears the onus of proof for that a herbal remedy or "dietary ingredient" is hazardous or unfit for use. The extra significant issue in many nations is connected to the fact that legal data on herbal drug information is frequently not exchanged between regulatory bodies and centers for safety monitoring or pharmacovigilance.

15. Challenges Associated to the Assessment of Safety and Efficacy

There is no disputing the fact that there are many regulations, research protocols, standards, and methods needed to assess the safety and effectiveness of herbal medications more than those needed for traditional or orthodox pharmaceuticals. [Barnes et al, 2013] a single medicinal plant or herbal remedy may have more than a hundred different natural ingredients, and a mixed herbal medicines could have multiple times the first one. In this examination of just one active ingredient possibly practically impossible, particularly while using a natural product consists of two or more herbs combined. [Barnes et al, 2013]

16. Challenges Associated to Quality Control of Herbal Medicines

The safety and efficacy of herbal medicines are largely based on the quality of the raw materials used in their preparation. The source or raw materials' quality depends on a number of factors, including variables that are intrinsic (genetic), as well as external influences such environmental factors, quality agriculture, and effective collecting procedures for using medicinal plants, such as plant choice and cultivation. It is the result of several variables working together. it's challenging to carry out quality checks on the raw ingredients of medicinal plants. [Farah et al, 2000] In line with best manufacturing practices (GMP), accurate identification of plant species used as medicines, and special storage, and unique cleaning techniques for different materials is crucial criteria for starting quality control materials. The biggest difficulties in quality control of finished herbal pharmaceuticals (Farah et al, 2000). Consequently, the standard specifications and procedures for final herbal goods still need considerably more quality control pharmaceuticals is more complex than other drugs. For protection and effectiveness of herbal remedies, the WHO nevertheless supports the establishment of quality assurance and control procedures like Standards and National Quality Specifications for Herbal Materials GMP, labeling, and manufacturing licensing regulations.

17. Challenges Associated to Safety Monitoring of Herbal Medicines

Issues regarding the rising usage of herbal or natural medications or goods in developed countries have come up in recent years. Additionally, the dependence of numerous residents of the

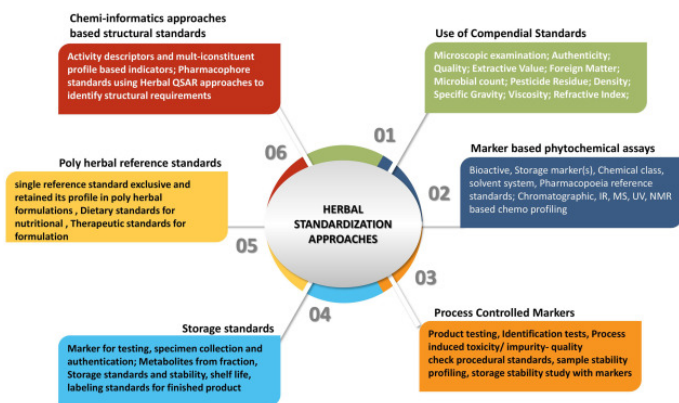


Figure 1. Standardization of Herbs (<https://images.app.goo.gl/c3M7UJommo2qhCTBA>)

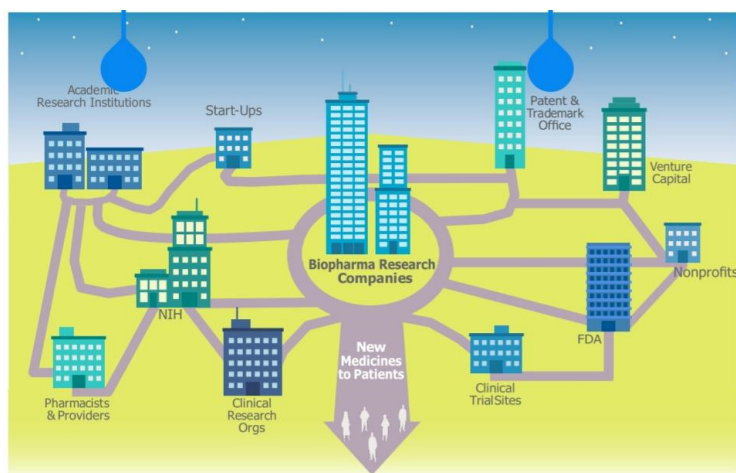


Figure 2. Collaboration and the biopharmaceutical R&D process

developing nations rely heavily on flora as a source of medicine along with lax enforcement of laws governing herbal remedies in most countries, as well as the appearance of prominent safety concerns, better understanding of the significance of monitoring safety and knowledge of potential negative effects as well as positive effects connected to the utilization of herbal medicines. [Naiyer, et al, 2017]. The usage of the incorrect species of herbs might have negative effects when used with herbal remedies, among other things plant, falsified herbal remedies, and illegal drugs, mistreatment, abuse, and contamination of herbal remedies the use of herbal remedies by either patients or healthcare professionals drugs mixed with other drugs. There aren't enough appropriate awareness of the significance of taxonomy botany and most herbal medication producers' documentation, and this presents unusual difficulties for collecting and identification of herbal treatments made from medicinal plants. [Naiyer, et al, 2017] To get beyond the it is required due to the confusion that the popular names have caused should utilize the binomial names for medicines that are most widely used plants. For example, *Artemisia absinthium* L., which has at least 11 common names, contains an active narcotic derivative. Hence, the effective monitoring of herbal medicine will require effective collaboration between botanists, phytochemists, pharmacologists, and other major stakeholders.

18. Future Recommendation

It is critical to build strong regulatory frameworks in the context of herbal product standardization for biopharmaceutical use in Asia and Australasia (WHO). These frameworks must be created with an emphasis on efficacy, quality, and safety while also taking into account the particular qualities of herbal medicines. Such a strategy is in accordance with the suggestions made in the World Health Organization's Traditional Medicine Strategy (WHO Traditional Medicine Strategy), which highlights the need for precise regulations to control the use of traditional and complementary medicine. To establish a unified front for assuring the safety and efficacy of herbal products in the area, regional cooperation is necessary to unify these standards. Additionally, it is crucial to support research and development in the area of herbal medicine. This suggestion is in line with the requirement to devote resources to comprehending the active substances found in herbal products and their modes of action. Existing studies, like those described in "Pharmacological Research on Medicinal Plants in Asia and Australasia," can be used as a basis for future research to learn more about the therapeutic benefits and potential of these herbal treatments.

Implementing Good Manufacturing Practices (GMP) for the production of herbal products is essential to upholding the established standards. The manufacture of herbal products is ensured to be consistent and of high quality by the application of

GMP requirements as outlined by the World Health Organization (WHO GMP requirements). As a result, the foundation of safety and effectiveness is strengthened. Measures for quality control are equally essential to the Standardization of herbal products. The article "Quality Control of Herbal Drugs" suggests that standardized testing procedures for herbal raw materials and finished goods be established. By ensuring that each product satisfies the established quality standards, these procedures help to protect consumers.

To bridge the gap between conventional knowledge and contemporary science, it is essential to promote cooperation among traditional herbal medicine practitioners, researchers, and the pharmaceutical sector. In order to maximize the benefits of both conventional and modern medical treatments, collaboration can profit from the insights given in "Collaboration between Traditional Healers and Modern Medicine". Cataloging and standardizing herbal items requires the creation of region-specific pharmacopoeias. Models like "The Ayurvedic Pharmacopoeia of India" might serve as references for these pharmacopoeias as they include information on the composition and quality of frequently used herbs.

Another crucial stage is establishing adverse event reporting systems. As mentioned in the article on the safety of herbal medicines, these methods allow for the monitoring of any negative side effects related to the use of herbal products, assuring openness and consumer safety. The public and professional community need to be informed for these proposals to be effective. As stated in the World Health Organization's programs for training in herbal medicine, it is crucial to increase education and training about the Standardization and safety of herbal products. In conclusion, these recommendations, along with their referenced sources, provide a structured approach to ensure the safety and efficacy of herbal products for biopharmaceutical use in Asia and Australasia. By following these guidelines, the region can navigate the complex landscape of herbal medicine while safeguarding public health and advancing research in this field.

19. Conclusion

In conclusion, the Standardization of herbal products plays a pivotal role in ensuring safety and efficacy for biopharmaceutical use in the regions of Asia and Australasia. As the demand for natural remedies and traditional medicine continues to grow, it is imperative that rigorous quality control measures are in place to safeguard public health. Establishing clear and harmonized standards for herbal product development and manufacturing is essential to mitigate risks associated with adulteration, contamination, and inconsistent potency. By doing so, we can bridge the gap between traditional knowledge and modern pharmaceutical science, ultimately promoting the responsible use

of herbal products in these regions and enhancing the credibility and effectiveness of biopharmaceuticals derived from natural sources.

Author contributions

M.D.S.H. conceptualized the study, developed the methodology, and managed the project. M.D.S.S.K. handled data curation, formal analysis, drafting the original manuscript, software development, validation, visualization, and manuscript editing.

Acknowledgment

Author was grateful to their department.

Competing financial interests

The authors have no conflict of interest.

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